



YOU WILL NEVER RUN ALONE

Diploma

MIGUEL LOPES

Race number: 5547 | Gender: M

Nationality: PORTUGAL

Club: JM

Place: 811

Age Group: M45

Place Age Group: 136

Time (iliquid): 3:34:49

Pace: 0:05:03

Time (liquid): 3:32:09

Check-Point nº 1 - 5k: 0:29:47

Check-Point nº 2 - 10k: 0:56:00

Check-Point nº 3 - 15k: 1:21:39

Check-Point nº 4 - 19.4k: 1:43:55

Check-Point nº 5 - 20k: 1:46:54

Check-Point nº 6 - 20.2k: 1:47:47

Check-Point nº 7 - MM: 1:52:20

Check-Point nº 8 - 25k: 2:12:16

Check-Point nº 9 - 25.2k: 2:13:10

Check-Point nº 10 - 30k: 2:36:58

Check-Point nº 11 - 35k: 3:01:03

Check-Point nº 12 - 40k: 3:24:56

Check-Point nº 13 - 41.1k: 3:30:11

