



YOU WILL NEVER RUN ALONE

Diploma

SÓNIA LOPES

Race number: 2666 | Gender: F
Nationality: PORTUGAL
Club: JOMI RUNNERS

Place: 1939 Age Group: F45 Place Age Group: 35

Time (iliquid): 4:06:55	Pace: 0:05:51	Time (liquid): 4:05:54
Check-Point nº 1 - 5k: 0:28:57	Check-Point nº 2 - 10k: 0:56:52	Check-Point nº 3 - 15k: 1:25:11
Check-Point nº 4 - 19.4k: 1:50:10	Check-Point nº 5 - 20k: 1:53:35	Check-Point nº 6 - 20.2k: 1:54:32
Check-Point nº 7 - MM: 1:59:46	Check-Point nº 8 - 25k: 2:22:10	Check-Point nº 9 - 25.2k: 2:23:09
Check-Point nº 10 - 30k: 2:51:30	Check-Point nº 11 - 35k: 3:21:57	Check-Point nº 12 - 40k: 3:53:05
Check-Point nº 13 - 41.1k: 4:00:33		