



**YOU WILL NEVER RUN ALONE**

Diploma

**NUNO DELICADO**

Race number: 585 | Gender: M

Nationality: PORTUGAL

Club:

Place: 3075

Age Group: M45

Place Age Group: 431

Time (iliquid): 4:47:44

Pace: 0:06:50

Time (liquid): 4:47:13

Check-Point nº 1 - 5k: 0:27:26

Check-Point nº 2 - 10k: 0:53:47

Check-Point nº 3 - 15k: 1:21:29

Check-Point nº 4 - 19.4k: 1:45:58

Check-Point nº 5 - 20k: 1:49:22

Check-Point nº 6 - 20.2k: 1:50:21

Check-Point nº 7 - MM: 1:55:30

Check-Point nº 8 - 25k: 2:16:46

Check-Point nº 9 - 25.2k: 2:17:45

Check-Point nº 10 - 30k: 2:48:20

Check-Point nº 11 - 35k: 3:34:31

Check-Point nº 12 - 40k: 4:29:25

Check-Point nº 13 - 41.1k: 4:37:00