



YOU WILL NEVER RUN ALONE

Diploma

RUI HENRIQUES

Race number: 586 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1043

Age Group: M50

Place Age Group: 129

Time (iliquid): 3:42:18

Pace: 0:05:16

Time (liquid): 3:41:50

Check-Point nº 1 - 5k: 0:24:58

Check-Point nº 2 - 10k: 0:50:00

Check-Point nº 3 - 15k: 1:15:14

Check-Point nº 4 - 19.4k: 1:37:23

Check-Point nº 5 - 20k: 1:40:26

Check-Point nº 6 - 20.2k: 1:41:27

Check-Point nº 7 - MM: 1:46:10

Check-Point nº 8 - 25k: 2:06:35

Check-Point nº 9 - 25.2k: 3:01:17

Check-Point nº 10 - 30k: 2:33:26

Check-Point nº 11 - 35k: None

Check-Point nº 12 - 40k: 3:29:39

Check-Point nº 13 - 41.1k: 3:36:49