



YOU WILL NEVER RUN ALONE

### Diploma

# MARIA JOSÉ GAMITO SIMÕES

Race number: 5685 | Gender: F  
Nationality: PORTUGAL  
Club: GMCJAMOR

Place: 1745      Age Group: F45      Place Age Group: 23

Time (iliquid): 4:00:44	Pace: 0:05:39	Time (liquid): 3:57:46
Check-Point nº 1 - 5k: 0:29:30	Check-Point nº 2 - 10k: 0:55:40	Check-Point nº 3 - 15k: 1:23:03
Check-Point nº 4 - 19.4k: 1:47:13	Check-Point nº 5 - 20k: 1:50:31	Check-Point nº 6 - 20.2k: 1:51:30
Check-Point nº 7 - MM: 1:56:39	Check-Point nº 8 - 25k: 2:18:46	Check-Point nº 9 - 25.2k: 2:19:45
Check-Point nº 10 - 30k: 2:47:38	Check-Point nº 11 - 35k: 3:17:06	Check-Point nº 12 - 40k: 3:47:41
Check-Point nº 13 - 41.1k: 3:54:45		