



YOU WILL NEVER RUN ALONE

Diploma

RUI VASQUES

Race number: 2719 | Gender: M
Nationality: PORTUGAL
Club: CCD PM CASCAIS

Place: 1962 Age Group: M55 Place Age Group: 107

Time (iliquid): 4:07:57	Pace: 0:05:53	Time (liquid): 4:07:20
Check-Point nº 1 - 5k: 0:27:28	Check-Point nº 2 - 10k: 0:53:56	Check-Point nº 3 - 15k: 1:21:06
Check-Point nº 4 - 19.4k: 1:44:22	Check-Point nº 5 - 20k: 1:47:33	Check-Point nº 6 - 20.2k: 1:48:38
Check-Point nº 7 - MM: 1:53:42	Check-Point nº 8 - 25k: 2:14:56	Check-Point nº 9 - 25.2k: 2:16:07
Check-Point nº 10 - 30k: 2:43:24	Check-Point nº 11 - 35k: 3:14:16	Check-Point nº 12 - 40k: 3:49:17
Check-Point nº 13 - 41.1k: 4:00:56		