



YOU WILL NEVER RUN ALONE

## Diploma

**CARLA PINTO**

Race number: 686 | Gender: F

Nationality: PORTUGAL

Club: CAÇA RAPOSAS

Place: 2815

Age Group: F45

Place Age Group: 65

Time (iliquid): 4:37:51

Pace: 0:06:36

Time (liquid): 4:37:26

Check-Point nº 1 - 5k: 0:27:47

Check-Point nº 2 - 10k: 0:55:53

Check-Point nº 3 - 15k: 1:25:21

Check-Point nº 4 - 19.4k: 1:52:00

Check-Point nº 5 - 20k: 1:55:45

Check-Point nº 6 - 20.2k: 1:56:55

Check-Point nº 7 - MM: 2:02:40

Check-Point nº 8 - 25k: 2:27:55

Check-Point nº 9 - 25.2k: 2:29:12

Check-Point nº 10 - 30k: 3:02:25

Check-Point nº 11 - 35k: 3:41:23

Check-Point nº 12 - 40k: 4:21:30

Check-Point nº 13 - 41.1k: 4:30:32

