



YOU WILL NEVER RUN ALONE

Diploma

TIAGO MEDEIROS

Race number: 5783 | Gender: M
Nationality: PORTUGAL
Club: MAGIC RUNNERS

Place: 2149

Age Group: M45

Place Age Group: 326

Time (iliquid): 4:15:05

Pace: 0:05:57

Time (liquid): 4:10:13

Check-Point nº 1 - 5k: 0:34:14

Check-Point nº 2 - 10k: 1:03:46

Check-Point nº 3 - 15k: 1:32:32

Check-Point nº 4 - 19.4k: 1:58:23

Check-Point nº 5 - 20k: 2:01:53

Check-Point nº 6 - 20.2k: 2:02:55

Check-Point nº 7 - MM: 2:08:10

Check-Point nº 8 - 25k: 2:31:25

Check-Point nº 9 - 25.2k: 2:32:24

Check-Point nº 10 - 30k: 3:01:01

Check-Point nº 11 - 35k: 3:30:28

Check-Point nº 12 - 40k: 4:00:57

Check-Point nº 13 - 41.1k: 4:08:42