



YOU WILL NEVER RUN ALONE

Diploma

JOSÉ FERREIRA

Race number: 2863 | Gender: M

Nationality: PORTUGAL

Club:

Place: 2796

Age Group: M55

Place Age Group: 161

Time (iliquid): 4:37:24

Pace: 0:06:34

Time (liquid): 4:36:12

Check-Point nº 1 - 5k: 0:29:00

Check-Point nº 2 - 10k: 0:56:53

Check-Point nº 3 - 15k: 1:25:32

Check-Point nº 4 - 19.4k: 1:50:30

Check-Point nº 5 - 20k: 1:53:59

Check-Point nº 6 - 20.2k: 1:55:01

Check-Point nº 7 - MM: 2:00:26

Check-Point nº 8 - 25k: 2:24:00

Check-Point nº 9 - 25.2k: 2:25:15

Check-Point nº 10 - 30k: 2:56:26

Check-Point nº 11 - 35k: 3:32:22

Check-Point nº 12 - 40k: 4:17:07

Check-Point nº 13 - 41.1k: 4:28:40