



YOU WILL NEVER RUN ALONE

Diploma

NUNO LOURENÇO

Race number: 741 | Gender: M

Nationality: PORTUGAL

Club:

Place: 426

Age Group: M45

Place Age Group: 71

Time (iliquid): 3:18:59

Pace: 0:04:43

Time (liquid): 3:18:28

Check-Point nº 1 - 5k: 0:22:22

Check-Point nº 2 - 10k: 0:44:32

Check-Point nº 3 - 15k: 1:07:07

Check-Point nº 4 - 19.4k: 1:27:09

Check-Point nº 5 - 20k: 1:29:56

Check-Point nº 6 - 20.2k: 1:30:45

Check-Point nº 7 - MM: 1:34:58

Check-Point nº 8 - 25k: 1:53:23

Check-Point nº 9 - 25.2k: 1:54:13

Check-Point nº 10 - 30k: 2:17:27

Check-Point nº 11 - 35k: 2:41:40

Check-Point nº 12 - 40k: 3:07:29

Check-Point nº 13 - 41.1k: 3:13:36