



YOU WILL NEVER RUN ALONE

Diploma

VASCO ALMEIDA

Race number: 3061 | Gender: M

Nationality: PORTUGAL

Club:

Place: 2887

Age Group: M45

Place Age Group: 412

Time (iliquid): 4:40:50

Pace: 0:06:39

Time (liquid): 4:39:52

Check-Point nº 1 - 5k: 0:30:05

Check-Point nº 2 - 10k: 0:58:30

Check-Point nº 3 - 15k: 1:26:45

Check-Point nº 4 - 19.4k: 1:52:03

Check-Point nº 5 - 20k: 1:55:30

Check-Point nº 6 - 20.2k: 1:56:32

Check-Point nº 7 - MM: 2:01:56

Check-Point nº 8 - 25k: 2:24:48

Check-Point nº 9 - 25.2k: 2:25:56

Check-Point nº 10 - 30k: 3:02:13

Check-Point nº 11 - 35k: 3:37:36

Check-Point nº 12 - 40k: 4:23:14

Check-Point nº 13 - 41.1k: 4:33:29