



**YOU WILL NEVER RUN ALONE**

Diploma

**CARLOS SARAIVA**

Race number: 5880 | Gender: M

Nationality: PORTUGAL

Club:

Place: 3332

Age Group: M40

Place Age Group: 430

Time (iliquid): 5:03:09

Pace: 0:07:09

Time (liquid): 5:00:41

Check-Point nº 1 - 5k: 0:31:54

Check-Point nº 2 - 10k: 1:00:18

Check-Point nº 3 - 15k: 1:29:19

Check-Point nº 4 - 19.4k: 1:55:10

Check-Point nº 5 - 20k: 1:58:45

Check-Point nº 6 - 20.2k: 2:00:25

Check-Point nº 7 - MM: 2:07:14

Check-Point nº 8 - 25k: 2:32:15

Check-Point nº 9 - 25.2k: 2:34:07

Check-Point nº 10 - 30k: 3:13:03

Check-Point nº 11 - 35k: 3:55:26

Check-Point nº 12 - 40k: 4:43:03

Check-Point nº 13 - 41.1k: 4:53:50