



YOU WILL NEVER RUN ALONE

Diploma

NELSON MACHADO

Race number: 3075 | Gender: M

Nationality: PORTUGAL

Club: UNIDOS À FRESCA

Place: 526

Age Group: M45

Place Age Group: 84

Time (iliquid): 3:24:02

Pace: 0:04:50

Time (liquid): 3:23:01

Check-Point nº 1 - 5k: 0:25:46

Check-Point nº 2 - 10k: 0:49:32

Check-Point nº 3 - 15k: 1:13:09

Check-Point nº 4 - 19.4k: 1:33:41

Check-Point nº 5 - 20k: 1:36:30

Check-Point nº 6 - 20.2k: 1:37:18

Check-Point nº 7 - MM: 1:41:38

Check-Point nº 8 - 25k: 2:00:45

Check-Point nº 9 - 25.2k: 2:01:35

Check-Point nº 10 - 30k: 2:24:27

Check-Point nº 11 - 35k: 2:48:17

Check-Point nº 12 - 40k: 3:12:51

Check-Point nº 13 - 41.1k: 3:18:52

