



YOU WILL NEVER RUN ALONE

Diploma

FIRMINO GOMES

Race number: 5925 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1875

Age Group: M40

Place Age Group: 275

Time (iliquid): 4:04:15

Pace: 0:05:46

Time (liquid): 4:02:26

Check-Point nº 1 - 5k: 0:29:27

Check-Point nº 2 - 10k: 0:57:29

Check-Point nº 3 - 15k: 1:24:57

Check-Point nº 4 - 19.4k: 1:49:09

Check-Point nº 5 - 20k: 1:52:31

Check-Point nº 6 - 20.2k: 1:53:31

Check-Point nº 7 - MM: 1:58:34

Check-Point nº 8 - 25k: 2:20:21

Check-Point nº 9 - 25.2k: 2:21:22

Check-Point nº 10 - 30k: 2:48:41

Check-Point nº 11 - 35k: 3:17:37

Check-Point nº 12 - 40k: 3:49:31

Check-Point nº 13 - 41.1k: 3:57:27