



YOU WILL NEVER RUN ALONE

Diploma

CRISPIM TRIBUNA

Race number: 6018 | Gender: M
Nationality: PORTUGAL
Club: CVVB

Place: 2540 Age Group: M40 Place Age Group: 351

Time (iliquid): 4:27:38	Pace: 0:06:18	Time (liquid): 4:24:42
Check-Point nº 1 - 5k: 0:29:54	Check-Point nº 2 - 10k: 0:57:34	Check-Point nº 3 - 15k: 1:25:43
Check-Point nº 4 - 19.4k: 1:50:34	Check-Point nº 5 - 20k: 1:54:00	Check-Point nº 6 - 20.2k: 1:55:10
Check-Point nº 7 - MM: 2:00:29	Check-Point nº 8 - 25k: 2:23:25	Check-Point nº 9 - 25.2k: 2:24:36
Check-Point nº 10 - 30k: 2:56:35	Check-Point nº 11 - 35k: 3:32:22	Check-Point nº 12 - 40k: 4:11:50
Check-Point nº 13 - 41.1k: 4:20:31		