



YOU WILL NEVER RUN ALONE

Diploma

JOSÉ LOPES

Race number: 3120 | Gender: M

Nationality: PORTUGAL

Club: SCCOIMBROES/EQUIPA A

Place: 1786

Age Group: M45

Place Age Group: 278

Time (iliquid): 4:01:32

Pace: 0:05:42

Time (liquid): 3:59:53

Check-Point nº 1 - 5k: 0:28:50

Check-Point nº 2 - 10k: 0:54:16

Check-Point nº 3 - 15k: 1:19:21

Check-Point nº 4 - 19.4k: 1:41:17

Check-Point nº 5 - 20k: 1:44:22

Check-Point nº 6 - 20.2k: 1:45:15

Check-Point nº 7 - MM: 1:49:55

Check-Point nº 8 - 25k: 2:10:15

Check-Point nº 9 - 25.2k: 2:11:12

Check-Point nº 10 - 30k: 2:36:35

Check-Point nº 11 - 35k: 3:09:23

Check-Point nº 12 - 40k: 3:46:01

Check-Point nº 13 - 41.1k: 3:55:07

