



YOU WILL NEVER RUN ALONE

Diploma

RICARDO COSTA

Race number: 975 | Gender: M

Nationality: PORTUGAL

Club: BOU SETU FORES RUNNERS

Place: 428

Age Group: M20

Place Age Group: 105

Time (iliquid): 3:19:00

Pace: 0:04:43

Time (liquid): 3:18:42

Check-Point nº 1 - 5k: 0:21:39

Check-Point nº 2 - 10k: 0:42:45

Check-Point nº 3 - 15k: 1:03:57

Check-Point nº 4 - 19.4k: 1:22:45

Check-Point nº 5 - 20k: 1:25:20

Check-Point nº 6 - 20.2k: 1:26:03

Check-Point nº 7 - MM: 1:29:59

Check-Point nº 8 - 25k: 1:46:44

Check-Point nº 9 - 25.2k: 1:51:24

Check-Point nº 10 - 30k: 2:14:55

Check-Point nº 11 - 35k: 2:39:56

Check-Point nº 12 - 40k: 3:08:05

Check-Point nº 13 - 41.1k: 3:14:16

