



YOU WILL NEVER RUN ALONE

Diploma

LEONEL FREITAS

Race number: 3204 | Gender: M
Nationality: PORTUGAL
Club: LFCC

Place: 1544 Age Group: M40 Place Age Group: 238

Time (iliquid): 3:56:13	Pace: 0:05:35	Time (liquid): 3:54:46
Check-Point nº 1 - 5k: 0:26:45	Check-Point nº 2 - 10k: 0:51:43	Check-Point nº 3 - 15k: 1:17:10
Check-Point nº 4 - 19.4k: 1:39:48	Check-Point nº 5 - 20k: 1:42:53	Check-Point nº 6 - 20.2k: 1:43:45
Check-Point nº 7 - MM: 1:48:33	Check-Point nº 8 - 25k: 2:09:24	Check-Point nº 9 - 25.2k: 2:10:20
Check-Point nº 10 - 30k: 2:37:47	Check-Point nº 11 - 35k: 3:11:38	Check-Point nº 12 - 40k: 3:42:33
Check-Point nº 13 - 41.1k: 3:49:55		