



YOU WILL NEVER RUN ALONE

Diploma

LUKE HELAHA

Race number: 3206 | Gender: M

Nationality: NETHERLANDS

Club:

Place: 2997

Age Group: M50

Place Age Group: 363

Time (iliquid): 4:44:28

Pace: 0:06:42

Time (liquid): 4:41:30

Check-Point nº 1 - 5k: 0:30:48

Check-Point nº 2 - 10k: 0:57:57

Check-Point nº 3 - 15k: 1:25:14

Check-Point nº 4 - 19.4k: 1:49:20

Check-Point nº 5 - 20k: 1:52:36

Check-Point nº 6 - 20.2k: 1:53:30

Check-Point nº 7 - MM: 1:58:36

Check-Point nº 8 - 25k: 2:22:07

Check-Point nº 9 - 25.2k: 2:23:04

Check-Point nº 10 - 30k: 2:51:52

Check-Point nº 11 - 35k: 3:30:03

Check-Point nº 12 - 40k: 4:21:47

Check-Point nº 13 - 41.1k: 4:34:36