



YOU WILL NEVER RUN ALONE

Diploma

ÁLVARO CARDOSO

Race number: 6268 | Gender: M

Nationality: PORTUGAL

Club: INFANTE FITNESS

Place: 1220

Age Group: M40

Place Age Group: 198

Time (iliquid): 3:46:19

Pace: 0:05:19

Time (liquid): 3:43:22

Check-Point nº 1 - 5k: 0:31:17

Check-Point nº 2 - 10k: 0:58:11

Check-Point nº 3 - 15k: 1:23:53

Check-Point nº 4 - 19.4k: 1:46:08

Check-Point nº 5 - 20k: 1:49:06

Check-Point nº 6 - 20.2k: 1:49:58

Check-Point nº 7 - MM: 1:54:37

Check-Point nº 8 - 25k: 2:14:58

Check-Point nº 9 - 25.2k: 2:15:51

Check-Point nº 10 - 30k: 2:40:57

Check-Point nº 11 - 35k: 3:07:31

Check-Point nº 12 - 40k: 3:35:05

Check-Point nº 13 - 41.1k: 3:41:09

