



YOU WILL NEVER RUN ALONE

Diploma

MICHAEL HEEMELS

Race number: 6405 | Gender: M

Nationality: NETHERLANDS

Club:

Place: 1547

Age Group: M40

Place Age Group: 239

Time (iliquid): 3:56:22

Pace: 0:05:35

Time (liquid): 3:54:56

Check-Point nº 1 - 5k: 0:28:36

Check-Point nº 2 - 10k: 0:55:12

Check-Point nº 3 - 15k: 1:22:48

Check-Point nº 4 - 19.4k: 1:46:32

Check-Point nº 5 - 20k: 1:49:48

Check-Point nº 6 - 20.2k: 1:50:46

Check-Point nº 7 - MM: 1:55:41

Check-Point nº 8 - 25k: 2:16:47

Check-Point nº 9 - 25.2k: 2:17:48

Check-Point nº 10 - 30k: 2:44:45

Check-Point nº 11 - 35k: 3:12:50

Check-Point nº 12 - 40k: 3:42:50

Check-Point nº 13 - 41.1k: 3:50:10