



**YOU WILL NEVER RUN ALONE**

Diploma

**MANUEL SILVA**

Race number: 3411 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1748

Age Group: M55

Place Age Group: 88

Time (iliquid): 4:00:47

Pace: 0:05:42

Time (liquid): 4:00:03

Check-Point nº 1 - 5k: 0:27:36

Check-Point nº 2 - 10k: 0:53:29

Check-Point nº 3 - 15k: 1:19:20

Check-Point nº 4 - 19.4k: 1:42:18

Check-Point nº 5 - 20k: 1:45:24

Check-Point nº 6 - 20.2k: 1:46:21

Check-Point nº 7 - MM: 1:51:10

Check-Point nº 8 - 25k: 2:12:09

Check-Point nº 9 - 25.2k: 2:13:11

Check-Point nº 10 - 30k: 2:39:33

Check-Point nº 11 - 35k: 3:10:46

Check-Point nº 12 - 40k: 3:47:23

Check-Point nº 13 - 41.1k: 3:54:58