



YOU WILL NEVER RUN ALONE

Diploma

LUÍS RITA

Race number: 3415 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1139

Age Group: M35

Place Age Group: 175

Time (iliquid): 3:44:35

Pace: 0:05:12

Time (liquid): 3:38:24

Check-Point nº 1 - 5k: 0:29:51

Check-Point nº 2 - 10k: 0:54:38

Check-Point nº 3 - 15k: 1:19:26

Check-Point nº 4 - 19.4k: 1:41:18

Check-Point nº 5 - 20k: 1:44:20

Check-Point nº 6 - 20.2k: 1:45:13

Check-Point nº 7 - MM: 1:49:50

Check-Point nº 8 - 25k: 2:09:46

Check-Point nº 9 - 25.2k: 2:10:39

Check-Point nº 10 - 30k: 2:36:02

Check-Point nº 11 - 35k: 3:03:23

Check-Point nº 12 - 40k: 3:32:01

Check-Point nº 13 - 41.1k: 3:38:46

