



YOU WILL NEVER RUN ALONE

Diploma

LUÍS MADEIRA

Race number: 3416 | Gender: M

Nationality: PORTUGAL

Club: SILGUEIROS RUNNERS

Place: 3122

Age Group: M45

Place Age Group: 437

Time (iliquid): 4:50:43

Pace: 0:06:52

Time (liquid): 4:48:46

Check-Point nº 1 - 5k: 0:30:51

Check-Point nº 2 - 10k: 0:58:16

Check-Point nº 3 - 15k: 1:25:45

Check-Point nº 4 - 19.4k: 1:50:05

Check-Point nº 5 - 20k: 1:53:26

Check-Point nº 6 - 20.2k: 1:54:29

Check-Point nº 7 - MM: 1:59:43

Check-Point nº 8 - 25k: 2:22:02

Check-Point nº 9 - 25.2k: 2:23:04

Check-Point nº 10 - 30k: 2:54:34

Check-Point nº 11 - 35k: 3:42:20

Check-Point nº 12 - 40k: 4:30:31

Check-Point nº 13 - 41.1k: 4:41:19