



**YOU WILL NEVER RUN ALONE**

Diploma

**NUNO BASTOS**

Race number: 3447 | Gender: M

Nationality: PORTUGAL

Club:

Place: 2185

Age Group: M20

Place Age Group: 486

Time (iliquid): 4:16:29

Pace: 0:06:04

Time (liquid): 4:15:14

Check-Point nº 1 - 5k: 0:27:35

Check-Point nº 2 - 10k: 0:53:20

Check-Point nº 3 - 15k: 1:19:18

Check-Point nº 4 - 19.4k: 1:42:24

Check-Point nº 5 - 20k: 1:45:36

Check-Point nº 6 - 20.2k: 1:46:31

Check-Point nº 7 - MM: 1:51:22

Check-Point nº 8 - 25k: 2:12:11

Check-Point nº 9 - 25.2k: 2:13:09

Check-Point nº 10 - 30k: 2:39:57

Check-Point nº 11 - 35k: 3:14:40

Check-Point nº 12 - 40k: 3:58:13

Check-Point nº 13 - 41.1k: 4:07:50