



YOU WILL NEVER RUN ALONE

Diploma

JOÃO GIRÃO

Race number: 1154 | Gender: M

Nationality: PORTUGAL

Club:

Place: 830

Age Group: M35

Place Age Group: 139

Time (iliquid): 3:35:35

Pace: 0:05:07

Time (liquid): 3:35:21

Check-Point nº 1 - 5k: 0:23:21

Check-Point nº 2 - 10k: 0:46:21

Check-Point nº 3 - 15k: 1:09:32

Check-Point nº 4 - 19.4k: 1:30:02

Check-Point nº 5 - 20k: 1:32:49

Check-Point nº 6 - 20.2k: 1:33:37

Check-Point nº 7 - MM: 1:37:53

Check-Point nº 8 - 25k: 1:55:45

Check-Point nº 9 - 25.2k: 1:56:34

Check-Point nº 10 - 30k: 2:20:40

Check-Point nº 11 - 35k: 2:50:13

Check-Point nº 12 - 40k: 3:21:50

Check-Point nº 13 - 41.1k: 3:29:32