



YOU WILL NEVER RUN ALONE

Diploma

JOÃO CARMO

Race number: 3562 | Gender: M

Nationality: PORTUGAL

Club: PORTO EXPAT RUNNERS

Place: 1477

Age Group: M35

Place Age Group: 218

Time (iliquid): 3:54:25

Pace: 0:05:33

Time (liquid): 3:53:08

Check-Point nº 1 - 5k: 0:30:09

Check-Point nº 2 - 10k: 0:58:27

Check-Point nº 3 - 15k: 1:25:50

Check-Point nº 4 - 19.4k: 1:49:37

Check-Point nº 5 - 20k: 1:52:57

Check-Point nº 6 - 20.2k: 1:53:54

Check-Point nº 7 - MM: 1:58:53

Check-Point nº 8 - 25k: 2:20:13

Check-Point nº 9 - 25.2k: 2:21:15

Check-Point nº 10 - 30k: 2:47:43

Check-Point nº 11 - 35k: 3:14:43

Check-Point nº 12 - 40k: 3:42:35

Check-Point nº 13 - 41.1k: 3:48:57

