



YOU WILL NEVER RUN ALONE

## Diploma

# FRANCISCO CASEGAS

Race number: 3572 | Gender: M

Nationality: PORTUGAL

Club: INDIVIDUAL

Place: 1533

Age Group: M20

Place Age Group: 351

Time (iliquid): 3:55:54

Pace: 0:05:35

Time (liquid): 3:55:05

Check-Point nº 1 - 5k: 0:25:31

Check-Point nº 2 - 10k: 0:50:03

Check-Point nº 3 - 15k: 1:14:41

Check-Point nº 4 - 19.4k: 1:36:43

Check-Point nº 5 - 20k: 1:39:49

Check-Point nº 6 - 20.2k: 1:40:42

Check-Point nº 7 - MM: 1:45:24

Check-Point nº 8 - 25k: 2:06:11

Check-Point nº 9 - 25.2k: 2:07:09

Check-Point nº 10 - 30k: 2:35:00

Check-Point nº 11 - 35k: 3:06:58

Check-Point nº 12 - 40k: 3:42:13

Check-Point nº 13 - 41.1k: 3:50:03

