



YOU WILL NEVER RUN ALONE

Diploma

FERNANDO COSTA

Race number: 1207 | Gender: M
Nationality: PORTUGAL
Club: GREBONFIM

Place: 160 Age Group: M45 Place Age Group: 29

Time (iliquid): 2:59:36	Pace: 0:04:16	Time (liquid): 2:59:32
Check-Point nº 1 - 5k: 0:18:52	Check-Point nº 2 - 10k: 0:38:05	Check-Point nº 3 - 15k: 0:57:50
Check-Point nº 4 - 19.4k: 1:15:17	Check-Point nº 5 - 20k: 1:17:41	Check-Point nº 6 - 20.2k: 1:18:21
Check-Point nº 7 - MM: 1:22:05	Check-Point nº 8 - 25k: 1:38:30	Check-Point nº 9 - 25.2k: 1:39:13
Check-Point nº 10 - 30k: 2:00:44	Check-Point nº 11 - 35k: 2:22:24	Check-Point nº 12 - 40k: 2:45:34
Check-Point nº 13 - 41.1k: 2:54:09		