



YOU WILL NEVER RUN ALONE

Diploma

RAPHAEL ROCHA

Race number: 7668 | Gender: M

Nationality: PORTUGAL

Club:

Place: 2223

Age Group: M40

Place Age Group: 308

Time (iliquid): 4:17:19

Pace: 0:06:05

Time (liquid): 4:15:31

Check-Point nº 1 - 5k: 0:28:59

Check-Point nº 2 - 10k: 0:55:56

Check-Point nº 3 - 15k: 1:23:00

Check-Point nº 4 - 19.4k: 1:46:40

Check-Point nº 5 - 20k: 1:49:58

Check-Point nº 6 - 20.2k: 1:50:56

Check-Point nº 7 - MM: 1:56:26

Check-Point nº 8 - 25k: 2:19:47

Check-Point nº 9 - 25.2k: 2:20:55

Check-Point nº 10 - 30k: 2:51:38

Check-Point nº 11 - 35k: 3:26:43

Check-Point nº 12 - 40k: 4:02:44

Check-Point nº 13 - 41.1k: 4:11:00