



YOU WILL NEVER RUN ALONE

Diploma

MÓNIA OLIVEIRA

Race number: 1488 | Gender: F

Nationality: PORTUGAL

Club: RUNNING ESPINHO

Place: 2785

Age Group: F40

Place Age Group: 70

Time (iliquid): 4:36:38

Pace: 0:06:32

Time (liquid): 4:35:00

Check-Point nº 1 - 5k: 0:31:19

Check-Point nº 2 - 10k: 1:01:11

Check-Point nº 3 - 15k: 1:31:21

Check-Point nº 4 - 19.4k: 1:58:02

Check-Point nº 5 - 20k: 2:01:43

Check-Point nº 6 - 20.2k: 2:02:59

Check-Point nº 7 - MM: 2:08:34

Check-Point nº 8 - 25k: 2:32:35

Check-Point nº 9 - 25.2k: 2:34:28

Check-Point nº 10 - 30k: 3:07:53

Check-Point nº 11 - 35k: 3:46:43

Check-Point nº 12 - 40k: 4:22:14

Check-Point nº 13 - 41.1k: 4:29:53

