



YOU WILL NEVER RUN ALONE

Diploma

RAFAEL DUARTE

Race number: 3777 | Gender: M
Nationality: PORTUGAL
Club: JOMA - JOMA -

Place: 1726 Age Group: M20 Place Age Group: 400

Time (iliquid): 4:00:14	Pace: 0:05:41	Time (liquid): 3:58:54
Check-Point nº 1 - 5k: 0:26:18	Check-Point nº 2 - 10k: 0:50:27	Check-Point nº 3 - 15k: 1:15:06
Check-Point nº 4 - 19.4k: 1:36:07	Check-Point nº 5 - 20k: 1:39:05	Check-Point nº 6 - 20.2k: 1:39:57
Check-Point nº 7 - MM: 1:44:29	Check-Point nº 8 - 25k: 2:03:55	Check-Point nº 9 - 25.2k: 2:04:48
Check-Point nº 10 - 30k: 2:29:44	Check-Point nº 11 - 35k: 3:01:28	Check-Point nº 12 - 40k: 3:47:06
Check-Point nº 13 - 41.1k: 3:54:47		