



**YOU WILL NEVER RUN ALONE**

Diploma

**LUÍS GUEDES**

Race number: 1677 | Gender: M

Nationality: PORTUGAL

Club: CAP

Place: 2141

Age Group: M45

Place Age Group: 327

Time (iliquid): 4:15:05

Pace: 0:06:04

Time (liquid): 4:14:48

Check-Point nº 1 - 5k: 0:27:29

Check-Point nº 2 - 10k: 0:54:56

Check-Point nº 3 - 15k: 1:22:52

Check-Point nº 4 - 19.4k: 1:47:51

Check-Point nº 5 - 20k: 1:51:19

Check-Point nº 6 - 20.2k: 1:52:24

Check-Point nº 7 - MM: 1:57:44

Check-Point nº 8 - 25k: 2:20:43

Check-Point nº 9 - 25.2k: 2:21:45

Check-Point nº 10 - 30k: 2:50:59

Check-Point nº 11 - 35k: 3:25:00

Check-Point nº 12 - 40k: 4:00:40

Check-Point nº 13 - 41.1k: 4:08:37