



YOU WILL NEVER RUN ALONE

Diploma

LUÍS MASSAPINA

Race number: 1695 | Gender: M

Nationality: PORTUGAL

Club: CDQ

Place: 2624

Age Group: M45

Place Age Group: 385

Time (iliquid): 4:30:32

Pace: 0:06:26

Time (liquid): 4:30:21

Check-Point nº 1 - 5k: 0:23:57

Check-Point nº 2 - 10k: 0:49:45

Check-Point nº 3 - 15k: 1:15:42

Check-Point nº 4 - 19.4k: 1:40:01

Check-Point nº 5 - 20k: 1:43:21

Check-Point nº 6 - 20.2k: 1:45:45

Check-Point nº 7 - MM: 1:50:57

Check-Point nº 8 - 25k: 2:20:05

Check-Point nº 9 - 25.2k: 2:22:30

Check-Point nº 10 - 30k: 3:00:44

Check-Point nº 11 - 35k: 3:37:34

Check-Point nº 12 - 40k: 4:17:00

Check-Point nº 13 - 41.1k: 4:24:15