



YOU WILL NEVER RUN ALONE

Diploma

FERNANDO FERREIRA

Race number: 3787 | Gender: M
Nationality: PORTUGAL
Club: SPORTING CLUBE ESPINHO

Place: 1641 Age Group: M55 Place Age Group: 81

Time (iliquid): 3:58:43	Pace: 0:05:38	Time (liquid): 3:57:10
Check-Point nº 1 - 5k: 0:28:50	Check-Point nº 2 - 10k: 0:55:03	Check-Point nº 3 - 15k: 1:21:10
Check-Point nº 4 - 19.4k: 1:44:18	Check-Point nº 5 - 20k: 1:47:33	Check-Point nº 6 - 20.2k: 1:48:35
Check-Point nº 7 - MM: 1:53:31	Check-Point nº 8 - 25k: 2:14:53	Check-Point nº 9 - 25.2k: 2:15:54
Check-Point nº 10 - 30k: 2:42:36	Check-Point nº 11 - 35k: 3:11:39	Check-Point nº 12 - 40k: 3:44:47
Check-Point nº 13 - 41.1k: 3:52:26		