



YOU WILL NEVER RUN ALONE

Diploma

LILIANA GONÇALVES

Race number: 1636 | Gender: F
Nationality: PORTUGAL
Club: NBA

Place: 2016	Age Group: F40	Place Age Group: 42
Time (iliquid): 4:09:52	Pace: 0:05:56	Time (liquid): 4:09:41
Check-Point nº 1 - 5k: 0:26:13	Check-Point nº 2 - 10k: 0:51:54	Check-Point nº 3 - 15k: 1:18:11
Check-Point nº 4 - 19.4k: 1:42:06	Check-Point nº 5 - 20k: 1:45:22	Check-Point nº 6 - 20.2k: 1:46:21
Check-Point nº 7 - MM: 1:51:24	Check-Point nº 8 - 25k: 2:14:00	Check-Point nº 9 - 25.2k: 2:15:22
Check-Point nº 10 - 30k: 2:43:46	Check-Point nº 11 - 35k: 3:17:45	Check-Point nº 12 - 40k: 3:54:06
Check-Point nº 13 - 41.1k: 4:03:27		