



MARATONA DE PORTUGAL

Porto.



18ª Maratona do Porto

• 06 NOV 2022 •



maratonadoporto.com

Diploma

FREDERIC MONGE

Race number: 2509 | Gender: M

Nationality: FRANCE

Club: DYNAMIC SPORTING CLUB

Place: 1193

Age Group: M45

Place Age Group: 231

Time (iliquid): 3:51:05

Pace: 0:05:28

Time (liquid): 3:49:45

Check-Point nº 1 - 10K: 0:55:55

Check-Point nº 2 - 19.4K: 1:46:39

Check-Point nº 3 - 20K: 1:49:55

Check-Point nº 4 - 20.2K: 1:50:56

Check-Point nº 5 - MM: 1:55:27

Check-Point nº 6 - 30K: 2:44:43

Check-Point nº 7 - 40K: 3:39:38

Check-Point nº 8 - 41.1K: 3:46:00

