



MARATONA DE PORTUGAL



edp

18ª Maratona do Porto

• 06 NOV 2022 •



maratonadoporto.com

Diploma

MANUEL BASTOS

Race number: 669 | Gender: M
Nationality: PORTUGAL
Club: TRAIL RUNNING SANGUEDO

Place: 324

Age Group: M45

Place Age Group: 53

Time (iliquid): 3:15:56

Pace: 0:04:39

Time (liquid): 3:15:34

Check-Point nº 1 - 10K: 0:44:35

Check-Point nº 2 - 19.4K: 1:25:59

Check-Point nº 3 - 20K: 1:28:41

Check-Point nº 4 - 20.2K: 1:29:27

Check-Point nº 5 - MM: 1:33:09

Check-Point nº 6 - 30K: 2:13:55

Check-Point nº 7 - 40K: 3:03:38

Check-Point nº 8 - 41.1K: 3:09:44

