



MARATONA DE PORTUGAL

Porto.



edp

18ª Maratona do Porto

• 06 NOV 2022 •



maratonadoporto.com

Diploma

**HELDER SANTOS**

Race number: 5807 | Gender: M

Nationality: PORTUGAL

Club: TEAM RUNNERS

Place: 1752

Age Group: M40

Place Age Group: 310

Time (iliquid): 4:12:58

Pace: 0:05:59

Time (liquid): 4:11:43

Check-Point nº 1 - 10K: 0:57:22

Check-Point nº 2 - 19.4K: 1:50:09

Check-Point nº 3 - 20K: 1:53:30

Check-Point nº 4 - 20.2K: 1:54:41

Check-Point nº 5 - MM: 1:59:17

Check-Point nº 6 - 30K: 2:50:33

Check-Point nº 7 - 40K: 3:57:48

Check-Point nº 8 - 41.1K: 4:06:40

