



YOU WILL NEVER RUN ALONE

Diploma

JORGE CARVALHO

Race number: 2504 | Gender: M
Nationality: PORTUGAL
Club: ADOSA - OS SANTA APOLONIA

Place: 672 Age Group: M20 Place Age Group: 155

Time (iliquid): 3:30:15	Pace: 0:04:58	Time (liquid): 3:29:13
Check-Point nº 1 - 5k: 0:26:46	Check-Point nº 2 - 10k: 0:51:15	Check-Point nº 3 - 15k: 1:14:41
Check-Point nº 4 - 19.4k: 1:35:01	Check-Point nº 5 - 20k: 1:37:47	Check-Point nº 6 - 20.2k: 1:38:36
Check-Point nº 7 - MM: 1:42:55	Check-Point nº 8 - 25k: 2:01:24	Check-Point nº 9 - 25.2k: 2:02:10
Check-Point nº 10 - 30k: 2:25:10	Check-Point nº 11 - 35k: 2:49:31	Check-Point nº 12 - 40k: 3:17:50
Check-Point nº 13 - 41.1k: 3:24:26		