



YOU WILL NEVER RUN ALONE

Diploma

ANTÓNIO MENDES

Race number: 521 | Gender: M
Nationality: PORTUGAL
Club: SUPERFRAQUINHOS

Place: 2358 Age Group: M45 Place Age Group: 357

Time (iliquid): 4:22:12	Pace: 0:06:12	Time (liquid): 4:20:39
Check-Point nº 1 - 5k: 0:27:36	Check-Point nº 2 - 10k: 0:53:22	Check-Point nº 3 - 15k: 1:19:22
Check-Point nº 4 - 19.4k: 1:44:22	Check-Point nº 5 - 20k: 1:47:38	Check-Point nº 6 - 20.2k: 1:48:50
Check-Point nº 7 - MM: 1:53:58	Check-Point nº 8 - 25k: 2:17:05	Check-Point nº 9 - 25.2k: 2:18:41
Check-Point nº 10 - 30k: 2:47:12	Check-Point nº 11 - 35k: 3:25:40	Check-Point nº 12 - 40k: 4:07:10
Check-Point nº 13 - 41.1k: 4:15:43		