



YOU WILL NEVER RUN ALONE

Diploma

RICARDO CARVALHO

Race number: 531 | Gender: M
Nationality: PORTUGAL
Club: RUNRIVER

Place: 217 Age Group: M40 Place Age Group: 41

Time (iliquid): 3:05:14	Pace: 0:04:24	Time (liquid): 3:05:01
Check-Point nº 1 - 5k: 0:21:38	Check-Point nº 2 - 10k: 0:42:54	Check-Point nº 3 - 15k: 1:04:12
Check-Point nº 4 - 19.4k: 1:22:53	Check-Point nº 5 - 20k: 1:25:27	Check-Point nº 6 - 20.2k: 1:26:12
Check-Point nº 7 - MM: 1:30:08	Check-Point nº 8 - 25k: 1:46:52	Check-Point nº 9 - 25.2k: 1:47:39
Check-Point nº 10 - 30k: 2:08:19	Check-Point nº 11 - 35k: 2:29:50	Check-Point nº 12 - 40k: 2:54:14
Check-Point nº 13 - 41.1k: 3:00:01		