



YOU WILL NEVER RUN ALONE

Diploma

FILIPE LEMOS

Race number: 559 | Gender: M

Nationality: PORTUGAL

Club:

Place: 199

Age Group: M45

Place Age Group: 36

Time (iliquid): 3:04:19

Pace: 0:04:22

Time (liquid): 3:04:03

Check-Point nº 1 - 5k: 0:20:42

Check-Point nº 2 - 10k: 0:41:15

Check-Point nº 3 - 15k: 1:01:47

Check-Point nº 4 - 19.4k: 1:19:59

Check-Point nº 5 - 20k: 1:22:30

Check-Point nº 6 - 20.2k: 1:23:12

Check-Point nº 7 - MM: 1:27:05

Check-Point nº 8 - 25k: 1:43:54

Check-Point nº 9 - 25.2k: 1:44:38

Check-Point nº 10 - 30k: 2:05:48

Check-Point nº 11 - 35k: 2:27:34

Check-Point nº 12 - 40k: 2:52:09

Check-Point nº 13 - 41.1k: 2:59:02