



YOU WILL NEVER RUN ALONE

Diploma

RICARDO DIAS

Race number: 2683 | Gender: M

Nationality: PORTUGAL

Club: NUCLEO SPORTING VN FAMALICÃO

Place: 2416

Age Group: M45

Place Age Group: 362

Time (iliquid): 4:23:31

Pace: 0:06:14

Time (liquid): 4:22:05

Check-Point nº 1 - 5k: 0:29:04

Check-Point nº 2 - 10k: 0:55:57

Check-Point nº 3 - 15k: 1:23:03

Check-Point nº 4 - 19.4k: 1:46:59

Check-Point nº 5 - 20k: 1:50:15

Check-Point nº 6 - 20.2k: 1:51:26

Check-Point nº 7 - MM: 1:56:27

Check-Point nº 8 - 25k: 2:17:52

Check-Point nº 9 - 25.2k: 2:19:14

Check-Point nº 10 - 30k: 2:47:02

Check-Point nº 11 - 35k: 3:19:21

Check-Point nº 12 - 40k: 4:06:29

Check-Point nº 13 - 41.1k: 4:16:53

