



YOU WILL NEVER RUN ALONE

Diploma

JOÃO SILVA

Race number: 5669 | Gender: M

Nationality: PORTUGAL

Club:

Place: 3173

Age Group: M40

Place Age Group: 420

Time (iliquid): 4:53:08

Pace: 0:06:54

Time (liquid): 4:50:04

Check-Point nº 1 - 5k: 0:36:22

Check-Point nº 2 - 10k: 1:08:46

Check-Point nº 3 - 15k: 1:41:29

Check-Point nº 4 - 19.4k: 2:10:47

Check-Point nº 5 - 20k: 2:14:55

Check-Point nº 6 - 20.2k: 2:16:08

Check-Point nº 7 - MM: 2:22:46

Check-Point nº 8 - 25k: 2:50:14

Check-Point nº 9 - 25.2k: 2:51:28

Check-Point nº 10 - 30k: 3:26:52

Check-Point nº 11 - 35k: 4:01:43

Check-Point nº 12 - 40k: 4:37:38

Check-Point nº 13 - 41.1k: 4:47:26

