



YOU WILL NEVER RUN ALONE

Diploma

HELENA BARBOSA

Race number: 5678 | Gender: F

Nationality: PORTUGAL

Club:

Place: 2277

Age Group: F45

Place Age Group: 48

Time (iliquid): 4:19:00

Pace: 0:06:06

Time (liquid): 4:16:49

Check-Point nº 1 - 5k: 0:32:54

Check-Point nº 2 - 10k: 1:02:42

Check-Point nº 3 - 15k: 1:32:32

Check-Point nº 4 - 19.4k: 1:58:58

Check-Point nº 5 - 20k: 2:02:38

Check-Point nº 6 - 20.2k: 2:03:40

Check-Point nº 7 - MM: 2:09:18

Check-Point nº 8 - 25k: 2:33:00

Check-Point nº 9 - 25.2k: 2:34:02

Check-Point nº 10 - 30k: 3:04:13

Check-Point nº 11 - 35k: 3:35:02

Check-Point nº 12 - 40k: 4:06:02

Check-Point nº 13 - 41.1k: 4:12:54