



YOU WILL NEVER RUN ALONE

Diploma

ERWIN DEEN

Race number: 5717 | Gender: M
Nationality: PAYS-BAS
Club: NFC RUNNING TEAM

Place: 3315 Age Group: M55 Place Age Group: 201

Time (iliquid): 5:01:35	Pace: 0:07:07	Time (liquid): 4:59:16
Check-Point nº 1 - 5k: 0:35:00	Check-Point nº 2 - 10k: 1:07:11	Check-Point nº 3 - 15k: 1:40:08
Check-Point nº 4 - 19.4k: 2:09:29	Check-Point nº 5 - 20k: 2:13:26	Check-Point nº 6 - 20.2k: 2:14:57
Check-Point nº 7 - MM: 2:21:08	Check-Point nº 8 - 25k: 2:47:35	Check-Point nº 9 - 25.2k: 2:49:06
Check-Point nº 10 - 30k: 3:22:49	Check-Point nº 11 - 35k: 4:01:09	Check-Point nº 12 - 40k: 4:43:26
Check-Point nº 13 - 41.1k: 4:53:36		