



YOU WILL NEVER RUN ALONE

Diploma

MIGUEL SIMÕES

Race number: 2835 | Gender: M

Nationality: PORTUGAL

Club:

Place: 2058

Age Group: M40

Place Age Group: 299

Time (iliquid): 4:11:19

Pace: 0:05:57

Time (liquid): 4:10:00

Check-Point nº 1 - 5k: 0:27:58

Check-Point nº 2 - 10k: 0:54:51

Check-Point nº 3 - 15k: 1:21:14

Check-Point nº 4 - 19.4k: 1:44:51

Check-Point nº 5 - 20k: 1:48:07

Check-Point nº 6 - 20.2k: 1:49:04

Check-Point nº 7 - MM: 1:54:07

Check-Point nº 8 - 25k: 2:16:01

Check-Point nº 9 - 25.2k: 2:17:02

Check-Point nº 10 - 30k: 2:44:46

Check-Point nº 11 - 35k: 3:19:12

Check-Point nº 12 - 40k: 3:56:25

Check-Point nº 13 - 41.1k: 4:04:41