



YOU WILL NEVER RUN ALONE

Diploma

RUI LEMOS

Race number: 2855 | Gender: M
Nationality: PORTUGAL
Club: AM RUNNING

Place: 2788 Age Group: M20 Place Age Group: 598

Time (iliquid): 4:37:01	Pace: 0:06:33	Time (liquid): 4:35:30
Check-Point nº 1 - 5k: 0:27:55	Check-Point nº 2 - 10k: 0:53:49	Check-Point nº 3 - 15k: 1:19:48
Check-Point nº 4 - 19.4k: 1:43:08	Check-Point nº 5 - 20k: 1:46:28	Check-Point nº 6 - 20.2k: 1:47:29
Check-Point nº 7 - MM: 1:52:41	Check-Point nº 8 - 25k: 2:14:58	Check-Point nº 9 - 25.2k: 2:16:11
Check-Point nº 10 - 30k: 2:47:55	Check-Point nº 11 - 35k: 3:28:51	Check-Point nº 12 - 40k: 4:15:00
Check-Point nº 13 - 41.1k: 4:26:56		