



YOU WILL NEVER RUN ALONE

Diploma

SÓNIA QUEIRÓS

Race number: 911 | Gender: F
Nationality: PORTUGAL
Club: TAEBOX RUNNING TEAM

Place: 3303 Age Group: F40 Place Age Group: 89

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|------------------------------------|----------------------------------|-----------------------------------|
| Time (iliquid): 5:00:58 | Pace: 0:07:06 | Time (liquid): 4:58:32 |
| Check-Point nº 1 - 5k: 0:32:31 | Check-Point nº 2 - 10k: 1:01:58 | Check-Point nº 3 - 15k: 1:33:23 |
| Check-Point nº 4 - 19.4k: 2:02:51 | Check-Point nº 5 - 20k: 2:06:51 | Check-Point nº 6 - 20.2k: 2:08:16 |
| Check-Point nº 7 - MM: 2:14:46 | Check-Point nº 8 - 25k: 2:43:28 | Check-Point nº 9 - 25.2k: 2:45:01 |
| Check-Point nº 10 - 30k: 3:21:49 | Check-Point nº 11 - 35k: 4:02:01 | Check-Point nº 12 - 40k: 4:43:49 |
| Check-Point nº 13 - 41.1k: 4:53:44 | | |